

GSHA CONFERENCE SPONSOR:



Resuscitation Council (UK)

The Resuscitation Council (UK) is a UK-wide charity whose purpose is to save lives through effective, appropriate resuscitation. Saving lives underpins and runs through all our activities.

We enable life-saving through our guidelines, standards, and education and training of health professionals and members of the public in essential life-saving skills, as well as by influencing policy and practice, and by capturing and putting evidence into practice.

We believe that young people are the lifesavers of today and tomorrow. We are committed to finding ways to engage and train young people in essential life-saving skills.

Teaching young people in schools is a large part of our efforts to save lives. For the past four years we have led on a multi-organisational campaign called 'Restart a Heart' to train children and young people in schools on how to do CPR (<https://www.resus.org.uk/events/rsah/>). In 2017, the Restart a Heart Campaign saw nearly 200,000 young people trained in CPR across the UK.

The Resuscitation Council (UK) has also produced an award-winning game-in-a-film, Lifesaver (www.lifesaver.org.uk), which offers a stimulating, interactive and fun way to learn CPR for people of all ages. Lifesaver has a scenario designed specifically for young people to learn effective resuscitation techniques and build their confidence to be able to use those skills in an emergency.

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w: <https://www.resus.org.uk/>